

# Saint Mary's Newsletter: Sep 2022

**Vicar:** David Smithson 027 4213200 Fridays

07 8492761 Afterhours

**Peoples Warden:** Sally-Ann Riddell 07 8243850

**Vicars Warden:** John Heaton 021 702871



## SERVICES FOR SEPTEMBER

### Sunday 4<sup>th</sup>:

10am Holy Communion Service

**Refreshments:** Karen B

**Readings/prayers:** Karen B

### Sunday 11<sup>th</sup>:

10am Holy Communion Service

**Refreshments:** The Clark's

**Readings/prayers:** The Clark's

### Sunday 18<sup>st</sup>:

10am Holy Communion Service

**Refreshments:** The Heaton's

**Readings/prayers:** Majella H

### Sunday 25<sup>th</sup>:

10am Holy Communion Service

**Refreshments:** Rosalie T

**Readings/prayers:** Rosalie T



## Scripture for the month:



**Ephesians 4:29** Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

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**Prayer Group:** Meeting 4<sup>th</sup> Sep after the service. Praying for our parish / family / friends / New Zealand. All welcome!

**Calf Fundraising Scheme:** Donate a calf (if you are a farmer), or townies can donate \$250 which will cover the costs of purchasing a 4 day old bull old calf and rearing costs. Or you could wait until the calves are sold and donate the average cash price of what all the calves sold for. It is an easy and low maintenance fundraiser that has the potential to raise \$450 per calf sold. The better the calf, the higher the price we get for it. Forms and info on the Welcome table, or see Sally-Ann & Richard

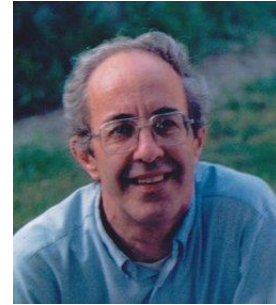


## Parish Giving:

Please consider giving to the parish via Automatic Payment. St Mary's has to pay for our vicar and all other costs of running a parish, as well as giving a proportion to the Diocese Please help us to be sustainable by giving via Automatic Payment. It is an easy way to give and is useful for the parish in running its budget. The Parish Bank Account is:

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## This Month in Christian History:



3 Sep 1995: The Dutch born Catholic priest, mystic, and theologian Henri Nouwen confides in his journal: *"Prayer connects my mind with my heart, my will with my passions, my brain with my belly...Prayer is the divine instrument of my wholeness, unity, and inner peace."*

## Healing & Anointing:



For those who require prayer for healing, please see the vicar who will pray for you and anoint with oil

**Seismic Strengthening Update:** Soil testing has been completed and awaiting results. Plans are underway for timber measurements etc

There was a moment when Moses had the nerve to ask God what his name is. God was gracious enough to answer, and the name he gave is recorded in the original Hebrew as YHWH. Over time we've arbitrarily added an "a" and an "e" in there to get YahWeH, presumably because we have a preference for vowels.

But scholars and Rabi's have noted that the letters YHWH represent breathing sounds, or aspirated consonants. When pronounced without intervening vowels, it actually sounds like breathing.

YH (inhale): WH (exhale).

So a baby's first cry, his first breath, speaks the name of God. A deep sigh calls His name – or a groan or gasp that is too heavy for mere words.

Even an atheist would speak His name, unaware that their very breath is giving constant acknowledgment to God.

Likewise, a person leaves this earth with their last breath, when God's name is no longer filling their lungs.

So when I can't utter anything else, is my cry calling out His name?

Being alive means I speak His name constantly.

So, is it heard the loudest when I'm the quietest?

In sadness, we breathe heavy sighs.

In joy, our lungs feel almost like they will burst.

In fear we hold our breath and have to be told to breathe slowly to help us calm down.

When we're about to do something hard, we take a deep breath to find our courage.

When I think about it, breathing is giving him praise. Even in the hardest moments!

This is so beautiful and fills me with emotion every time I grasp the thought. God chose to give himself a name that we can't help but speak every moment we're alive.

All of us, always, everywhere.

Waking, sleeping, breathing, with the name of God on our lips.

