

# Saint Mary's Church, Gordonton. Sunday 12<sup>th</sup> Sep



## In Touch:

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## The "Virtual Vicar" In Touch



*Jesus Is Lord*

Hello beloved in the Lord

Unfortunately we cannot meet this Sunday – we will resume services on Sun 19<sup>th</sup> due to the bishops edict, and that he requires a health action plan put in place before then. I can reuse much of last year's action plan. If it's any consolation, the Oaks are resuming on the 19<sup>th</sup> as well ☺

There is much talk about mental health, anxiety and even of suicide (think; Mike King). Trish & I know someone whose friend aged 45 took their own life recently. The amount of fear inflicted upon us from the media, and the desolation of small - medium businesses, all over what actually is a very bad flu, is appalling. Fear is the ultimate way to control people. A great way to alleviate fear and to improve your mental health, is by simply switching off the News and stop watching the pm's covid updates. *"Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand"*. Isaiah 41:10  
God bless you – David



### + Prayer Points +

- For the Fraser's and the Tuwi's.
- For Gods Kingdom on Earth as it is in Heaven



*Please look up these readings for this Sunday as part of your spiritual devotion:*

**Old Testament:** Proverbs 1:20-33

**New Testament:** James 3:1-12

**Gospel:** Mark 8:27-38



Do not be **anxious**  
about anything,  
but in **every situation**,  
by **prayer and petition**,  
with **thanksgiving**,  
**present your requests to God.**

~**Philippians 4:6**~